

OUR SERVICES

At Enough Is Enough we offer a wide range of age and situation appropriate programs, seminars and support services. Our focus is on reducing the level of violence and its impact on society by offering practical strategies to deal with challenges, encouraging personal responsibility, building resilience and developing 'outside the square' thinking.

Positive Solutions Bullying Resilience Program • Your Life, Your Responsibility • Safe Celebrating • Team Spirit • Journey Toward Justice • Counselling • R Youth Program • Support Groups • Workshops • Our Country, Our Culture • Road Awareness • Road Trauma Support & Awareness Network • Emotional Management • Understanding Relationships • Cooperative Justice Training

We can design a program to suit your specific needs.

Call us on **02 9542 4029**
www.enoughisenough.org.au

AWARDS

Enough Is Enough is a winner of many awards including the Australian Achiever Award for Training and Consultancy Services.



Ken B Marslew AM JP AFAIM

WHO WE ARE

Enough Is Enough Anti Violence Movement Inc. was born out of tragedy. Following the murder of university student Michael Marslew, his father, Ken, saw a need for a holistic community approach to reforming society's attitude toward violence through understanding, education and practical strategies. Enough Is Enough has established itself in the highest ideals of human behaviour, and goes about its work in a positive and proactive manner.

FROM OUR CLIENTS

"The Enough is Enough message is brilliant and challenging to say the least – a mix of emotional, dynamic and reality"

Independent Educator

"This material should be in every school across the country"

Secondary School Teacher

"Being part of this program has changed the way I think about my life"

Young Offender

"Loved the program. Want more"

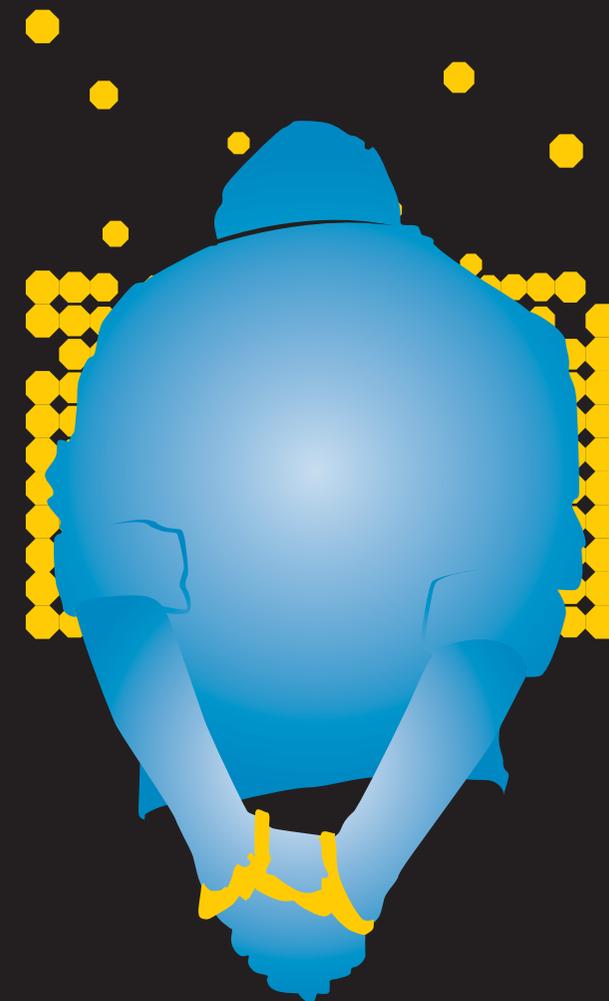
Yr 5 Student



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THE R PROGRAM

THE 'R' PROGRAM: RESPONSIBILITY, REHABILITATION AND REINTEGRATION



Challenge negative belief systems and motivate yourself towards positive change

BACKGROUND

Enough is Enough has been working in the areas of positive behaviour change for over a decade. Our commitment to ongoing research is reflected in our up to date approach to social issues and positive change.

Enough is Enough works with a range of government and non government agencies, schools and community groups in providing education programs, counselling and correctional programs including restorative justice, training and facilitation, understanding emotions, life skills and goal setting.

PURPOSE

Our aim is to achieve positive attitude changes through education at all levels of community. We believe that prison inmates need to be included in this goal, as they are part of our community.

The "R - Program" was designed out of a belief that people who have committed crimes need to accept responsibility for their actions, the consequences of their actions and their victims' suffering, before they can be rehabilitated.

This constructively confrontational program is available in two formats, for both inmates and staff. It has the potential to challenge negative belief systems and motivate individuals towards positive change.



INMATE PRESENTATION

These sessions are designed with a specific focus on offenders, aiming to create awareness of victim issues and challenge individuals to acknowledge responsibility. Some the topics covered are:

Session 1: Responsibility

- Formation of Enough is Enough
- Victim issues / case study
- Ripple effect of crime
- Victim / offender emotions
- Understanding empathy

Session 2: Rehabilitation

- Past attitudes to violence, crime and anti social behaviour
- Desensitisation
- Choices / blame / habits
- Strategies for positive changes

Session 3: Reintegration

- Relationships
- Healing harm
- Cooperative Justice
- Moving forward
- Personal goals
- Support networks and programs
- Where to from here?

Possible outcomes for offenders:

A new perspective on victims and themselves; a sense of responsibility; positive goal setting; an understanding of the conferencing process; the chance to consider speaking to victims and their family and to apologise; increased desire to heal harm.

Programs available for men, women, young offenders with additional content for specific groups.



STAFF PRESENTATION

These sessions are designed for prison staff, to enhance their understanding of the victim/offender relationship and discuss relevant inmate issues.

Some of the topics covered are:

- Victims issues
- EIE community involvement
- Co-operate Justice Conferencing
- An overview of the R - Program for inmates
- Discussion of staff roles/attitudes
- Personal goal setting

Potential outcomes for staff:

A fresh perspective on the inmates; an opportunity to think about their own goals and future; a new way of looking at victims and their relationship to offenders; an introduction to the conferencing process.

TESTIMONIALS

"It has broadened my knowledge and opened my mind to new issues." - Silverwater Correctional Centre

"The best program I have attended in 12 yrs of prison". - Cessnock Correctional Centre

"Thank you for making a difference in my life". - Paramatta Correctional Centre