

OUR SERVICES

At Enough Is Enough we offer a wide range of age and situation appropriate programs, seminars and support services. Our focus is on reducing the level of violence and its impact on society by offering practical strategies to deal with challenges, encouraging personal responsibility, building resilience and developing 'outside the square' thinking.

Positive Solutions Bullying Resilience Program • Your Life, Your Responsibility • Safe Celebrating • Team Spirit • Journey Toward Justice • Counselling • R Youth Program • Support Groups • Workshops • Our Country, Our Culture • Road Awareness • Road Trauma Support & Awareness Network • Emotional Management • Understanding Relationships

Call us on **02 9542 4029**
www.enoughisenough.org.au

AWARDS

Enough Is Enough is a winner of many awards including the Australian Achiever Award for Training and Consultancy Services.



Ken B Marslew AM JP AFAIM

WHO WE ARE

Enough Is Enough Anti Violence Movement Inc. was born out of tragedy. Following the murder of university student Michael Marslew, his father, Ken, saw a need for a holistic community approach to reforming society's attitude toward violence through understanding, education and practical strategies. Enough Is Enough has established itself in the highest ideals of human behaviour, and goes about its work in a positive and proactive manner.

FROM OUR CLIENTS

"The Enough is Enough message is brilliant and challenging to say the least – a mix of emotional, dynamic and reality"

Independent Educator

"This material should be in every school across the country"

Secondary School Teacher

"Being part of this program has changed the way I think about my life"

Young Offender

"Loved the program. Want more"

Yr 5 Student



ENOUGH IS ENOUGH Anti Violence Movement Inc. ABN 88 242 503 771

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TEAM SPIRIT

SUPPORT GROUP FOR CHILDREN 6 TO 12



TEAM SPIRIT

the right group for your child

Empowering children to take ownership and responsibility

Today's hectic and sometimes complicated life styles may cause issues for children and young people. Coping skills in challenging situations such as bullying, anxiety, stress, anger, depression, relationships, parental separation / divorce and grief may not be apparent.

Team Spirit age appropriate support groups are a product of the Positive Solutions Bullying Resilience and life skills programs. Other presentations carried out in primary and secondary schools by Enough is Enough have highlighted the need for Team Spirit.

Extensive research locally, nationally and internationally which is also supported by the work Enough is Enough does with children and young people from a wide range of backgrounds has given us an insight into the major problems into today's society.

Team Spirit Support groups are designed to enhance an individualistic approach to empowering children and young people who are challenged by difficult experiences.



Team Spirit takes a strength based approach involving from activities around learning effective strategies and coping skills.

Team Spirit empowers children and young people to take ownership and responsibility for their responses to challenging situations and focus on positive thoughts, words and actions.

The Team Spirit support group meets once a week for 6 weeks. Valuable friendships, support and trust are developed between the children during this support program.

Where:

Enough is Enough Anti Violence Training Centre
(sessions can be organised by prior arrangement in other setting e.g. school)

When:

Tuesday + Wednesday
4.15 pm - 5.45 pm
6 week program

Empowering children to take ownership and responsibility.



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