## **Employee Assistance Program**





is a voluntary and confidential counselling service paid for by your employer.

Our focus is the emotional well being of employees.

With professional qualified counsellors you have the opportunity to identify problems and find ways to resolve them.

## Do you ever find yourself?

- Being distracted by problems at work or home
- Getting tired or sick
- Having days off
- Feeling emotional
- Running late
- Missing deadlines
- Involved in conflicts

If so, you may benefit from using our services.



## For further information 02 9542 4029

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